

# RUNAP CELEBRATES NURSES WEEK

MAY 2025

## RNS CELEBRATE RNS, IT'S THE UNION WAY!

While we continue to advocate for basic staffing standards at RGH, it's important that we take some time to honor each other and why we started nursing in the first place. Together we can make RGH a place we are proud to practice and uplift the amazing work being done by our union colleagues!



### HIGHLIGHTING TANGERINE HALL'S VOLUNTEER WORK, CTICU



After working in healthcare for over a decade, with several of those years as a Registered Nurse, I was starting to have feelings of regret at what I was doing. All the skills I mastered, the expertise I acquired in various devices and the immense compassion I poured into my patients was no longer fulfilling. I needed a change and I found medical mission trips as my Saving Grace.

I chose to step out of my comfort zone and go outside of the hospital walls and make my presence and impact globally. I yearned to assist someone who I would never have crossed in my daily life, someone who couldn't just drive themselves to the local Emergency Department, someone who would be just as happy to see me as I was to see them, because they knew I wanted to be there because they needed me there.

To date, I have completed two medical mission trips with Nurses with Purpose (NWP). My first being in Johannesburg, South Africa- specifically in the township of Soweto. And the second occurring in the mountains of Coban, Guatemala aiding the predominantly Q'eqchi' Mayan people of the area.

During mission service days I assist children, women and men by providing healthcare screenings; assessments- complete with vital signs; blood glucose checks; weights; wound care; basic first aid and an abundance of healthcare education. Support was also provided in the form of medications. Based on their chief complaints- prescribing and then distributing over-the-counter medications such as Lidocaine patches, multivitamins, allergy pills, pain pills and powdered electrolyte supplements was also accomplished. Medical mission trips have left me full of gratitude. While I was looking to spark my love of healthcare again, I in turn was able to expand on my cultural competence and build my emotional intelligence and resilience while helping someone who may never see me again.



### SHOUT OUT TO THE NEW RAPID RESPONSE TEAM!

Let's just take a moment or maybe a thousand to thank RUNAP and anyone involved for their brilliant strategy, bold assertion of evidence-based practices, and overall resourceful intention in establishing the RGH rapid response team (RRT)!!!! Can we all say, "THANK YOU" and "AMEN!!!!"

What an amazing resource for our hospital, for patients and nurses alike in this already critical staffing crisis with a heavy percentage of new graduates or at best "young" nurse populations. As a seasoned and well-intentioned floor nurse, as much as I would love to have the time to not only dedicate myself to one-on-one care of critically ill patients, I would also love to have the time to teach, train, and mentor young nurses through the critical events happening every day at the bedside. I find it a sweet comfort and a welcomed relief to have this wonderful team of dedicated, knowledgeable, and helpful nurses ready to respond to the needs of not only patients, but nurses as well.

Yay team! Way to go RUNAP for pushing for such a priceless resource and seeing it through to fulfillment. - Susan Kribbs, 7800

### SSDU APPRECIATES OUR CRN!

Kim LaRock, our CRN has been working on the Vascular Verification Program since she took the position. This program makes our floor certified for specifically vascular patients, and can lead to a vascular center for excellence. She had to research articles, form PowerPoints, collab with vascular providers, and form all of this into education for nurses in person and through online learnings. We appreciate your work!!





# In loving memory of Rose Marcello



We honor Rose's recent passing and are grateful for all that she contributed to RGH. A dedication from her colleagues in Women's Care:

Rose had the extraordinary honor of helping bring life into this world. As an OB nurse, Rose served Rochester General Hospital for 28 years. She dedicated her life to the pursuit of helping new mothers and the brand new babies that they welcomed. Her calming presence, gentle hands, and compassionate heart made her a source of strength and comfort to countless families. She was not only a skilled nurse but a loving soul who treated every patient with dignity, kindness, and respect. Rose wasn't just giving when it came to her patients; she gave to her coworkers even more. Rose gave her smile, her jokes, her food, and her love. Rose's love was boundless, palpable, and never ending. As her coworker, we knew she loved us like family; and the feeling was mutual.

## VOLUNTEER RNS NEEDED IRONDEQUOIT YOUTH LACROSSE TOURNAMENT



Anyone interested is asked to commit to a **2-hour timeslot** between **7:30 – 3:30 on Sat, May 31 and/or Sun, June 1**. Volunteering counts for your clinical ladder and many certification renewals as well! RUNAP members joined last year and had a blast. Contact Brett Park, RUNAP member and veteran RN of the Cath Lab for more information at [jcjba123@yahoo.com](mailto:jcjba123@yahoo.com).

## Contact



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[Fb.me/runapunion](https://fb.me/runapunion)

RUNAP Office: 367 Titus Ave

We hold open office hours every Tuesday 8 am – noon + 4–8 pm.  
Stop by for a RUNAP t-shirt or to learn more about your union!



ROCHESTER UNION OF NURSES AND ALLIED PROFESSIONALS