

2026

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

RUNAP Events This Month

- Mon 3/30 9:30 - 10 am:
RGH/ RUNAP New Hire Orientation (Education Center)
- Thurs 3/19 5:30-6:30 PM:
Weingarten Training (Virtual, check your email for the link)

Contact info@runap.org to learn more about either event

RUNAP continues to grow!



RGH Technical Workers and LPNs continue to move towards union recognition to demand a seat at the table to improve wages, benefits, and working conditions. Hospital bargaining units are set by the Labor Board and this group includes Respiratory Therapists, LPNs, Radiology Techs, Surgical Techs, Medical Lab Techs, Cath Lab & EP Techs, PTAs & OTAs, and others! Let's show them some support!

If you know anyone who wants to learn more about organizing a union, connect them with RUNAP Organizer Will McMahon at 917-239-7558.

UNIT SPOTLIGHT

Last month, NICU celebrated Valentine's Day! We made self care packages for the mamas and conversation heart costumes for the babies.



Want to highlight a recent unit activity or shout out your floor? We'd love to feature it in an upcoming newsletter! Part of building a strong union is supporting each other place where we celebrate and uplift each other and our profession. Send submissions to info@runap.org.

We All Need A Break!



- Remember: do not clock out and continue working. If a manager tells you to do so, immediately report it to RUNAP.
- If your unpaid 30-minute break is interrupted, it should be paid in full. If it's denied, you can file a grievance for a violation of Article 8 (contract is online at www.runap.org).
- If you cannot take a break due to staffing, try to exhaust all avenues for coverage, including escalating to leadership if no one is available to relieve you.
- Still can't get your legally protected breaks? Talk to a unit rep or reach out to megan@runap.org to be part of further action or to protest any discipline you received for not taking a break.

How do I file an individual grievance? An individual grievance impacts one person (example: unjust discipline or incorrect certification pay). If you are working in a union position, you have the right to file a grievance and must do so by delivering a written grievance to both your direct supervisor and RGH Labor Relations within 7 business days of the incident.

See our Grievance Guide on the RUNAP website to get started:



Reminder: Document Unsafe Assignments



We strongly encourage everyone to fill out an **Unsafe Staffing/Objection of Assignment Form** *anytime* you are working below grid or without the proper equipment or staff to provide safe patient care. This information is immediately sent to the CNO and unit leadership. Anyone working at RGH can document an unsafe assignment by scanning the QR code or visiting www.runap.org/unsafe-staffing (use your phone, it won't work on RRH wifi).

Documenting your objection to an unsafe assignment at the start of your shift can help protect your license by showing that the hospital was aware and did not address the issue.



The RUNAP office is located at 367 Titus Ave. We hold **open office hours every Tuesday between 8 am - noon and 4 - 8 pm**. You can drop by during that time for a t-shirt or to talk with a staff person. Contact info@runap.org to schedule a different time or check if someone is here.



Executive Board: board@runap.org | President: president@runap.org
RUNAP Staff Rep: megan@runap.org | General information/inquiries: info@runap.org



ROCHESTER UNION OF NURSES AND ALLIED PROFESSIONALS